

# Lifeline

## FOOD FOR LIFE MINISTRY, INC.

IN GRATITUDE TO GOD WE ARE HERE TO SERVE THE  
PHYSICAL AND SPIRITUAL NEEDS OF THE HUNGRY

---

### GOLF TOURNAMENT



We are excited to announce that our fifth annual FFLM Golf Tournament will be held on Friday, October 21.

We are looking for men and women golfers to participate, for tee sponsors, for event sponsors, and for items that can be raffled off as prizes on the day of the event.

Flyers will be mailed out soon for you to register, and you can also register online on our website, at [foodforlifeministry.org](http://foodforlifeministry.org).

This tournament has proven to be a time of fun and fellowship over the past four years, as well as a strong component of FFLM's fundraising. Food for Life is currently providing groceries for over 200 families every week, but in order to do that we must pay rent, utilities, and insurance bills, buy gas for our trucks which are used to pick up food donations, repair our refrigerators and freezers in the warehouse, and supplement donated food with food that we purchase.

Please consider supporting Food for Life Ministry by participating in the golf tournament. Tell your friends, and form a foursome. Advertise your business by purchasing a tee sponsorship. Donate a fun prize to be raffled. Volunteer to work the day of the tournament.

Breakfast and lunch are served, and prizes and trophies will be awarded for special categories. We'd love to see you there!



## One Volunteer's Experience

We asked first-time volunteers to let us know about their experience with FFLM's Saturday morning distribution. One such volunteer, Marci Kuethen, from Chino Valley Community Church, responded with the following:

*I was nervous to go hand out food, not quite knowing what to expect. But what a gift it was to walk alongside people today at Food for Life. I enjoyed smiling and greeting people just to tease a smile out of them. I loved helping one at a time to get food, learning their name, pushing their cart to their car, helping load their food, and asking if there was anything I could pray about with them. A few declined, but so many did want prayer. Every burden is lighter when shared. I cried buckets a couple of times. People want to know that someone sees them and feels their pain. I got to see some of them today, and felt filled with purpose at the privilege of hurting with and praying for them. Being with other volunteers who had the same purpose was also a beautiful thing. What an amazing ministry to be a part of, right here at our doorstep!*

Volunteers prep and distribute food to clients.



### Donations Needed

If you'd like to support Food for Life Ministry, but can't volunteer at the warehouse, how about donating food items? We are always in need of staple groceries to distribute to needy families.

Our most needed items are: one pound bags of rice, beans, and pasta, snack bars, juice boxes (for our school distributions), and large boxes of breakfast cereal.

We also need canned spaghetti sauce, pancake mix, peanut butter, canned fruit and vegetables, one pound bags of flour and sugar, canned meat (tuna, chicken, Spam), and boxed meals, like Hamburger Helper.

Donations can be dropped off directly at the warehouse during distribution hours.

Thank you for your support!

## Food for Life Ministry's Founder Authors Book



All Vande Steeg, one of FFLM's founders, has authored and published an historical novel, titled "The Dutch Winter."

The book chronicles the hardships the Dutch suffered under the Nazi occupation. He writes about the lack of food and how the family survived on potato and carrot peelings. The story relates how the family shared what little they had with the refugees that flooded the countryside seeking food. Nothing was wasted, and everyone licked their plates clean.

We suspect that the example his parents showed of sharing what they had with others played a large part in why Al and Cindy helped start FFLM. God's faithfulness then has resulted in trusting the Lord in providing food through FFLM.

*The Dutch Winter* is available by ordering it at any bookstore, or on Amazon. For a signed copy contact Al directly.

# Trauma **REBOOT**

*Join us for*

**12 weeks**

focused on **healing**  
from **trauma.**

**Trauma REBOOT** is a course—not a support group—providing practical help for anyone struggling to **cope with crisis or trauma.** You won't find shortcuts or easy answers, but instead you'll find **solutions that last.** Join us and discover that there is **hope after trauma.** It's completely free—dinner and materials included.

STARTING **AUGUST 30**

**REGISTER NOW AT [REBOOTRECOVERY.COM](http://REBOOTRECOVERY.COM)**

Meeting Day/Time:

**TUESDAYS**

**6:15-8:15 PM**

Meeting Location:

**Food for Life**

**4712 Cheyenne Way**

**Chino, CA 91710**

Contact for Info:

**Rod Rubalcava**

**[rodrubalcava24@yahoo.com](mailto:rodrubalcava24@yahoo.com)**

**(909) 730-8261**

Follow us on Social Media



Food for Life Ministry, Inc



foodforlifeministrychino

Find us on the web at  
FoodforLifeMinistry.org



*FFLM would like to buy a warehouse so we can save the money now going to rent payments. Do you have a warehouse or know of a warehouse? Will you contribute to the purchase of a warehouse?*

*We need a six thousand square foot facility with fenced yard, and have budgeted \$900,000 for the purchase.*

*Contact Albert Vande Steeg at 909-553-6189 for more information about partnering with FFLM in this way.*

**FFLM BOARD MEMBERS**

**AND ADVISORS**

- Carl Hampton.....President (909) 957-0670
- Doug Bassett.....Vice President (951) 751-5663
- Cindy Vande Steeg.....Secretary (909) 576-3427
- Terri Hampton.....Volunteer Treasurer (909) 730-1873
- Lee Manuel.....Board Member (909) 519-7730
- Bernie Gabrielse.....Board Member (909) 376-5628
- Richard Fierro.....Board Member (909) 261-0488
- John Johnson .....Board Member (909) 630-6448
- Jennifer Davis .....Board Member (714) 742-1777
- Al Vande Steeg.....Advisor (909) 553-6189
- Roy Tjaarda.....IT Manager

**Warehouse and Offices**

4712 Cheyenne Way,  
Chino, CA 91710

Phone: 909-627-FOOD (3663)

Website: [www.foodforlifeministry.org](http://www.foodforlifeministry.org)

**Warehouse hours:**

Tuesday 4:00 - 6:00 p.m.

Thursday 4:00 - 6:00 p.m.

Saturday 9:00 a.m. - 12:00 noon

Truck drivers are needed, no special license required. Call Carl Hampton, 909-957-0670, if you are available.

We also need people who are willing to take snacks to the schools in Chino and Chino Hills for needy kids. If you can help, call Carl Hampton at (909) 957-0670. Thanks!

